

# SCHEDULE - DAY 1

IVF Va'a World Distance Championships 2019  
Mon, 12 Aug 2019



Race	Event	Round	No	Est. Start	Progressions
001	J19 Women V6 (25-30km)	St. Final		7:30 AM	
002	Master 50 Women V6 (25-30km)	St. Final		7:35 AM	
003	J19 Men V1 (15-18km)	St. Final		11:00 AM	
004	Open Women V1 (15-18km)	St. Final		11:05 AM	
005	Master 40 Men V6 (25-30km)	St. Final		1:30 PM	
006	Master 60 Men V6 (25-30km)	St. Final		1:35 PM	

# SCHEDULE - DAY 2

IVF Va'a World Distance Championships 2019  
Tue, 13 Aug 2019



Race	Event	Round	No	Est. Start	Progressions
007	Master 70 Men V6 (25-30km)	St. Final		8:00 AM	
008	Master 70 Women V6 (25-30km)	St. Final		8:00 AM	
009	Para Mixed V6 (18km)	St. Final		8:00 AM	
010	Open Men V1 (15-18km)	St. Final		11:00 AM	
011	Master 60 Women V1 (15-18km)	St. Final		11:05 AM	
012	Master 50 Men V6 (25-30km)	St. Final		1:30 PM	
013	Master 40 Women V6 (25-30km)	St. Final		1:35 PM	

# SCHEDULE - DAY 3

IVF Va'a World Distance Championships 2019  
Wed, 14 Aug 2019



Race	Event	Round	No	Est. Start	Progressions
014	J19 Women V1 (15-18km)	St. Final		8:00 AM	
015	Master 50 Women V1 (15-18km)	St. Final		8:05 AM	
016	J19 Men V6 (25-30km)	St. Final		10:30 AM	
017	Master 40 Men V1 (15-18km)	St. Final		1:30 PM	
018	Master 60 Men V1 (15-18km)	St. Final		1:35 PM	

# SCHEDULE - DAY 4

IVF Va'a World Distance Championships 2019  
Thu, 15 Aug 2019



Race	Event	Round	No	Est. Start	Progressions
019	Master 70 Men V1 (15-18km)	St. Final		8:00 AM	
020	Master 70 Women V1 (15-18km)	St. Final		8:05 AM	
021	Para Women V1 VL2/VL3	St. Final		8:05 AM	
022	Open Women V6 (25-30km)	St. Final		10:00 AM	
023	Master 60 Women V6 (25-30km)	St. Final		10:05 AM	
024	Para Men V1 VL2	St. Final		1:30 PM	
025	Para Men V1 VL3	St. Final		1:30 PM	
026	Para Men V1 VL4	St. Final		1:30 PM	

# SCHEDULE - DAY 5

IVF Va'a World Distance Championships 2019  
Fri, 16 Aug 2019



Race	Event	Round	No	Est. Start	Progressions
027	Master 40 Women V1 (15-18km)	St. Final		8:30 AM	
028	Open Men V6 (25-30km)	St. Final		10:30 AM	
029	Master 50 Men V1 (15-18km)	St. Final		1:30 PM	